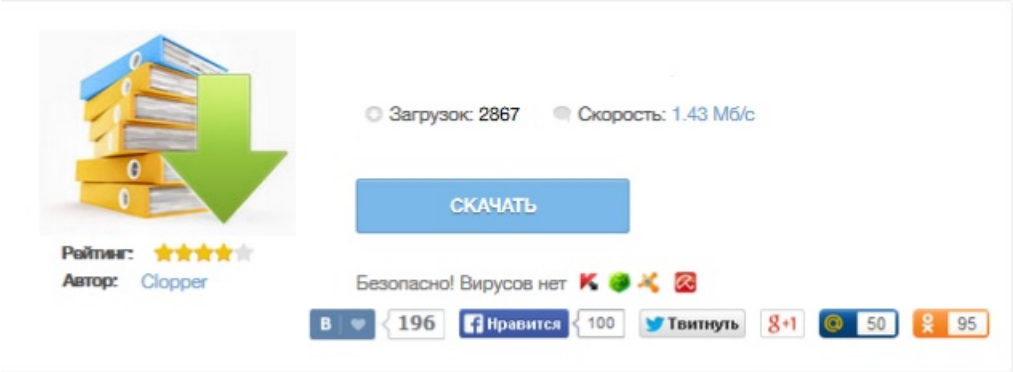бланки доверенности для почты россии