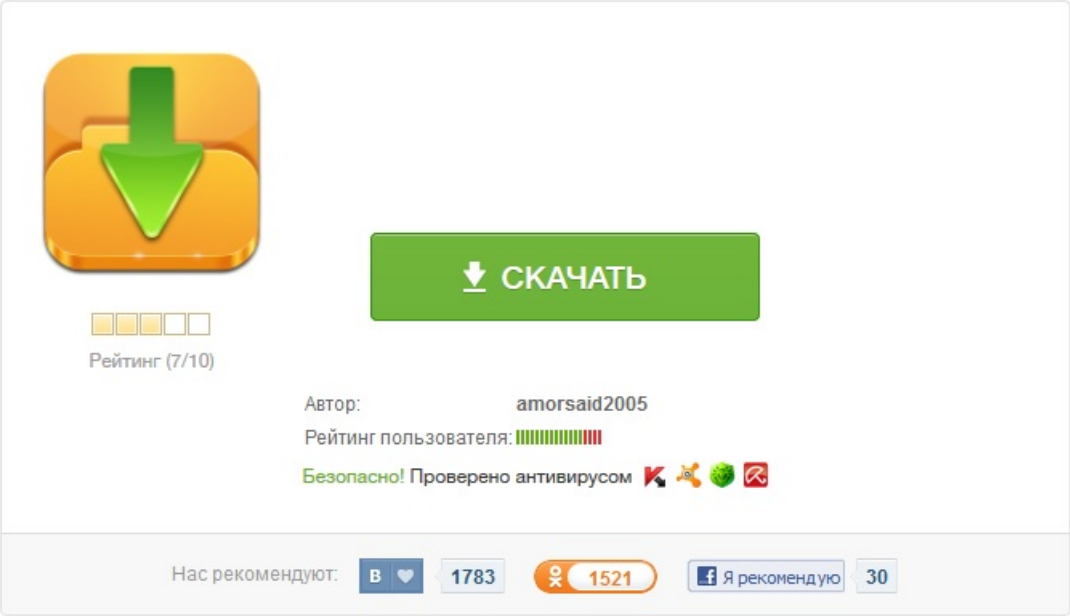бланк сзв м за июль 2016