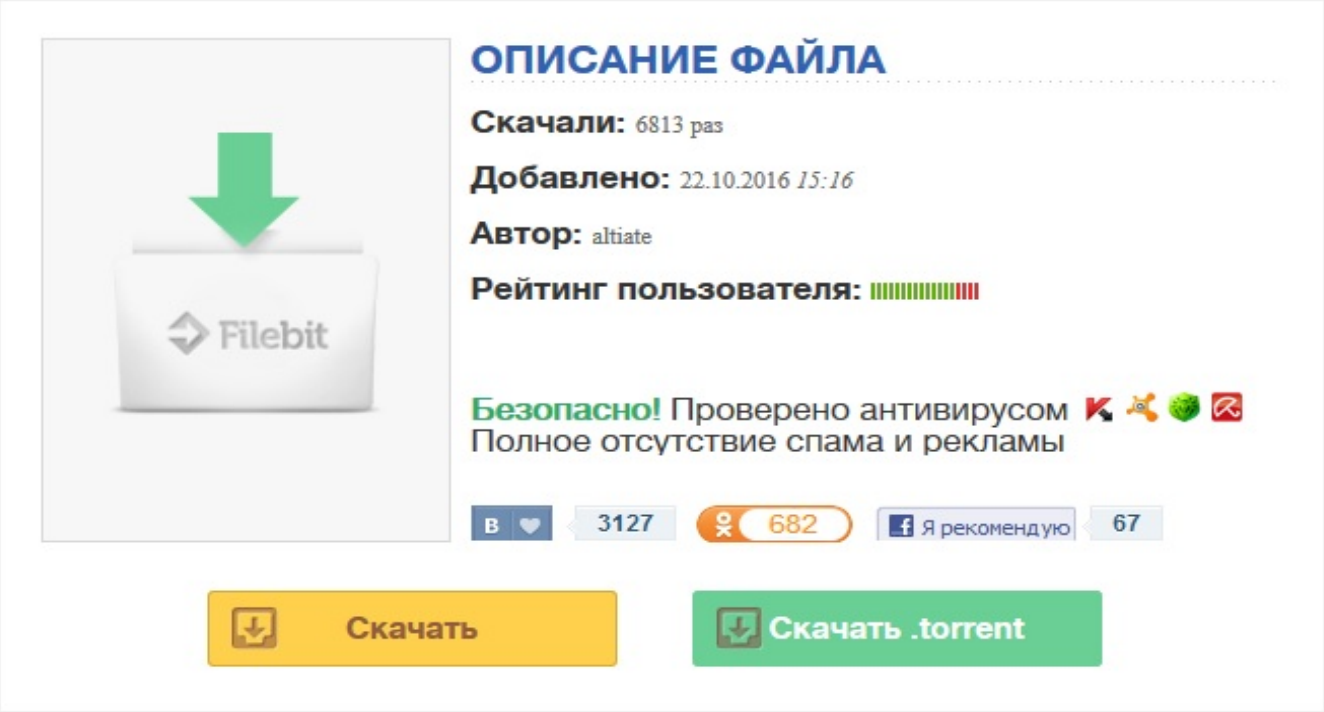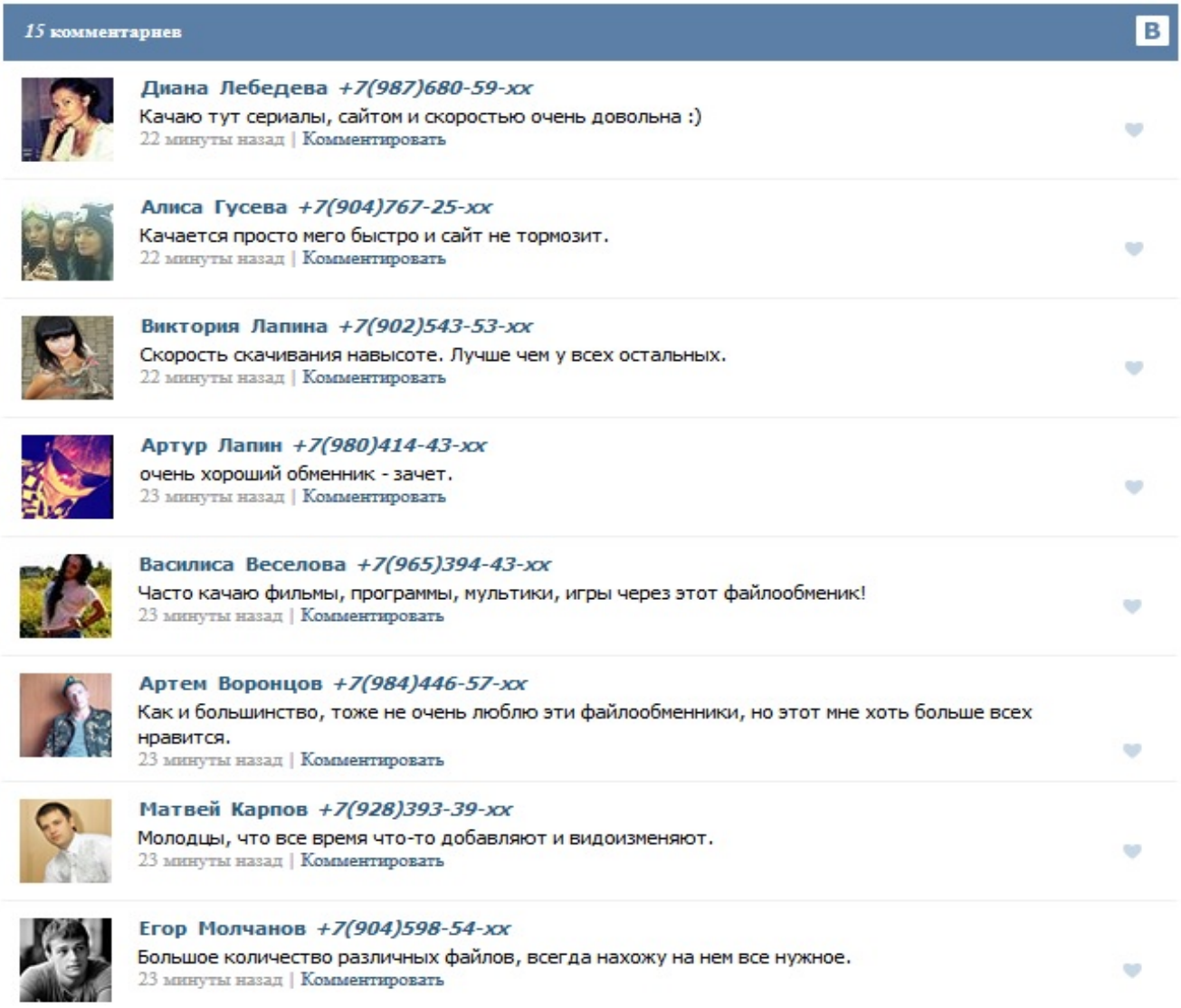новая форма сзв м за ноябрь 2016 скачать бланк в экселе