

Simplicity

A Brazilian dimensional embroidery design by Gayl Ratigan



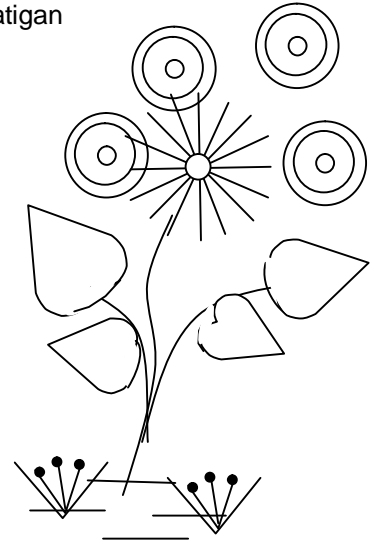
Stem. Iris. Stem stitch

Leaves. Fishbone stitch leaf. This is an optional choice for the two larger leaves. Use alternating satin stitch leaf for the two smaller leaves.

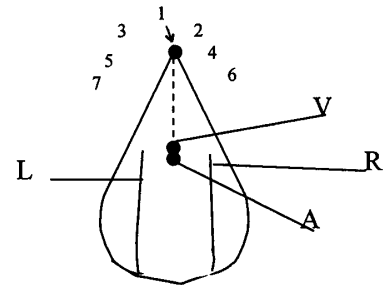
The fishbone stitch leaf is similar to the alternating satin stitch leaf. Keep stitches close together.

Draw 2 lines parallel to center leaf vein (V). Line R is on the right; line L is on the left.

- Needle up at A, down at base of V. This action hides the beginning knot.



- Needle up at 1; down at V (same hole).
- Up at 2; down at V (same hole).
- Needle up at 3; cross over the V line to the top of the R line.
- Down at R; up at 4.
- Cross over the V line to the top of the L line.
- Down at L; up at 5.
- Cross over the V line to R. (Work down these lines as you would the margins of the alternating satin stitch)
- Up at 6.
- Continue in this manner, alternating right and left side stitches.



Note that stitches will go **down right, up right; down left, up left**. Maintain parallel lines with the floss as stitches cross the V line. This leaf pads the center section of the leaf. When finished, look at the back side of the leaf/fabric; note void down center.

Cast-on Daisy. Iris.

This Cast-on Daisy is divided for 16 cast-on petals: 12 cast-on loops for each petal. Begin each petal on the outside margin; set petal on inside margin. [D-1]

Work counterclockwise, as numbered. [D-2]

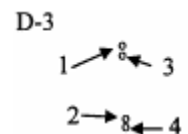
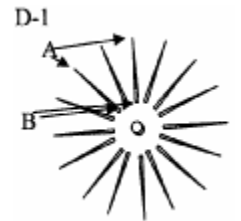
Note: Points 1 and 2 are at the quarter marks, after which the space is filled.

For this procedure you will lay the cast-on to the left (or down); this does not require placing floss behind the needle.

The difference is in the way the cast-on stitches are placed. Ordinarily we lay the cast-on toward the right, or clockwise, after pulling the needle and floss through. That involves rotating the fabric counter-clockwise to insure the proper placement.

With this procedure, the cast-on is placed "down" by using a left-hand, two-finger pinch (thumb and forefinger) to hold on the casts under the working floss. Be sure to place the floss over your left hand (thumb) and wrist. Flip the casts down toward the center of the flower, or at Point 2 by turning your hand over toward your chest. Set at point 4. [D-3]

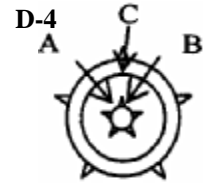
Finish with a pearl bead in the center.



Four Point setting
introduced by
Virginia Chapman

Lazy Daisy Star. Iris.

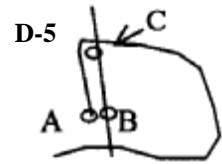
This design has a double circle plus the center circle divided into 5 parts. The diameter of the outer circle is $\frac{1}{2}$ "; the inner circle measures $\frac{3}{8}$ ". [D-4]



- Work from the center circle toward the outside.
- The bite for the lazy daisy will be short, from the center margin to the inner circle.
- Add **one** bullion-type wrap. Set at outer perimeter.
- Add a 1- or 2-wrap French knot for center.

Knotted Lazy Daisy: Iris. This stitch begins the same as a chain stitch.

- Bring needle up at **A**. Pull all floss through. [D-5]
- Enter the needle into the fabric very close to the right of **A**. This is Point **B**. Scoop up a small bite of fabric to point **C**
- Push the needle part way through the fabric until only $\frac{1}{2}$ " of the eye end of the needle remains at **B**.
- Pick up the **f**loss as it comes **f**rom the **f**abric (**fff**) and place or lay it parallel to the needle; then cross under the needle tip so floss is on the right side. Keep the floss snug.
- Place index finger of other hand under needle at **C** to hold needle away from fabric.
- Continue to wrap the floss, carrying it left over the needle tip. (*One wrap made*)
- Place the floss under to the right and over to the left. (*Two wraps made*) Several wraps can be made before the next step, but 3 wraps is average.
- Hold the wraps lightly but firmly with a finger-thumb pinch and pull the needle through the fabric and the wraps.
- Bring all the floss through and continue to stretch the stitch away from the **A-B-C** points until the wraps lie smoothly on the fabric.
- To finish this stitch, stab down through the fabric just one or two fabric threads beyond the end of the wraps. Pull all floss down and out.
- One lazy daisy petal finished.



Ground Effect: Bouclé, Iris, Glory.

- **Bouclé:** Straight stitches randomly placed.
- **Iris.** Referring to photo, group 3 pistil stitches.
- **Glory:** Add two straight stitches on each side of the grouping for grass blades.