

# Heaven and Earth Designs

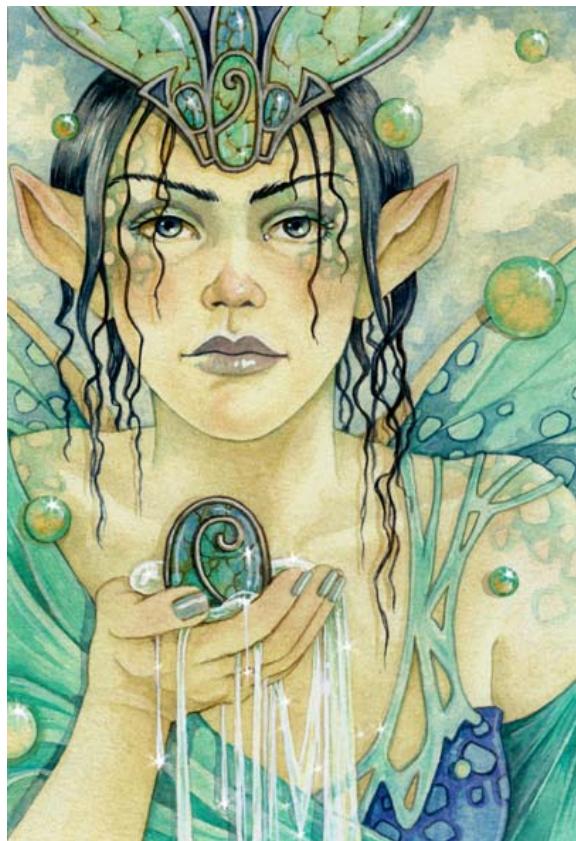
## Turquoise-Sky, Water, Medicine and Balance

(Large Format)

Chart No: HAELR 2004

By Michele Sayetta

Artwork by Linda Ravenscroft



Finished Design Size 336 W by 492 H (13-3/8W X 19-5/8H inches on 25ct)

Heaven and Earth Designs

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[www.heavenandearthdesigns.com](http://www.heavenandearthdesigns.com)

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## Instructions

The model for Turquoise-Sky, Water, Medicine  
and Balance is stitched over  
1 on 25 count Dublin Linen. Please use 1 strand of  
floss or 2 depending on your coverage preference.

It is recommended that you make working copies and  
enlarge to view detail and symbols.

You may also use the tent stitch or full crosses  
depending on your preference.

This is a large project that will offer many hours of  
stitching pleasure.

We thank you for purchasing this design and  
welcome any questions or comments  
that you may have.

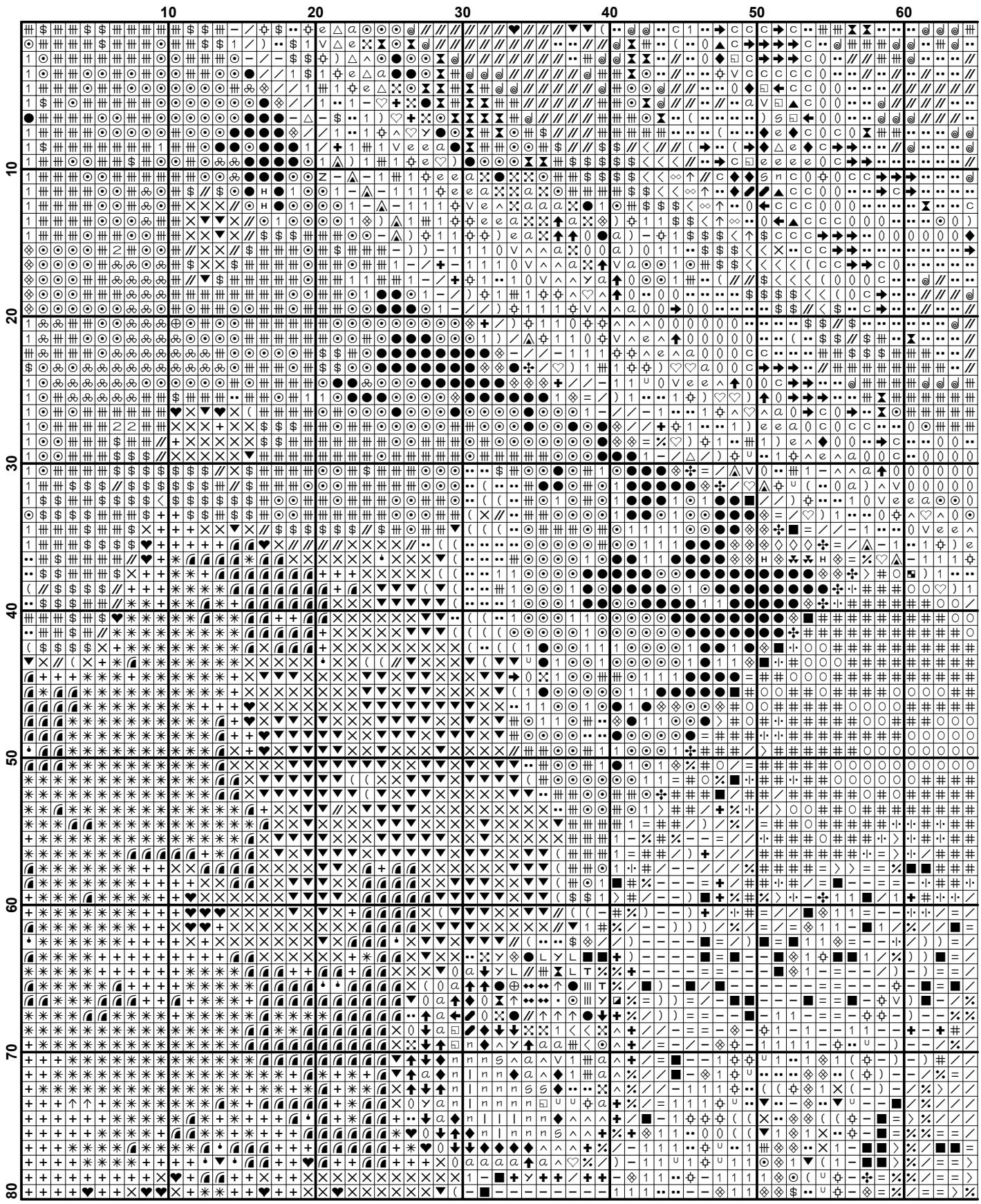
**Pattern Name:** Turquoise-Sky, Water, Medicine Balance  
**Designed By:** Michele Sayetta/Artist Linda Ravenscroft  
**Company:** Heaven and Earth Designs  
**Copyright:** 2006  
**Fabric:** Linen or Evenweave 25, White  
**Stitches:** 336w X 492h Stitches  
**Size:** 25 Count, 13-3/8w X 19-5/8h in

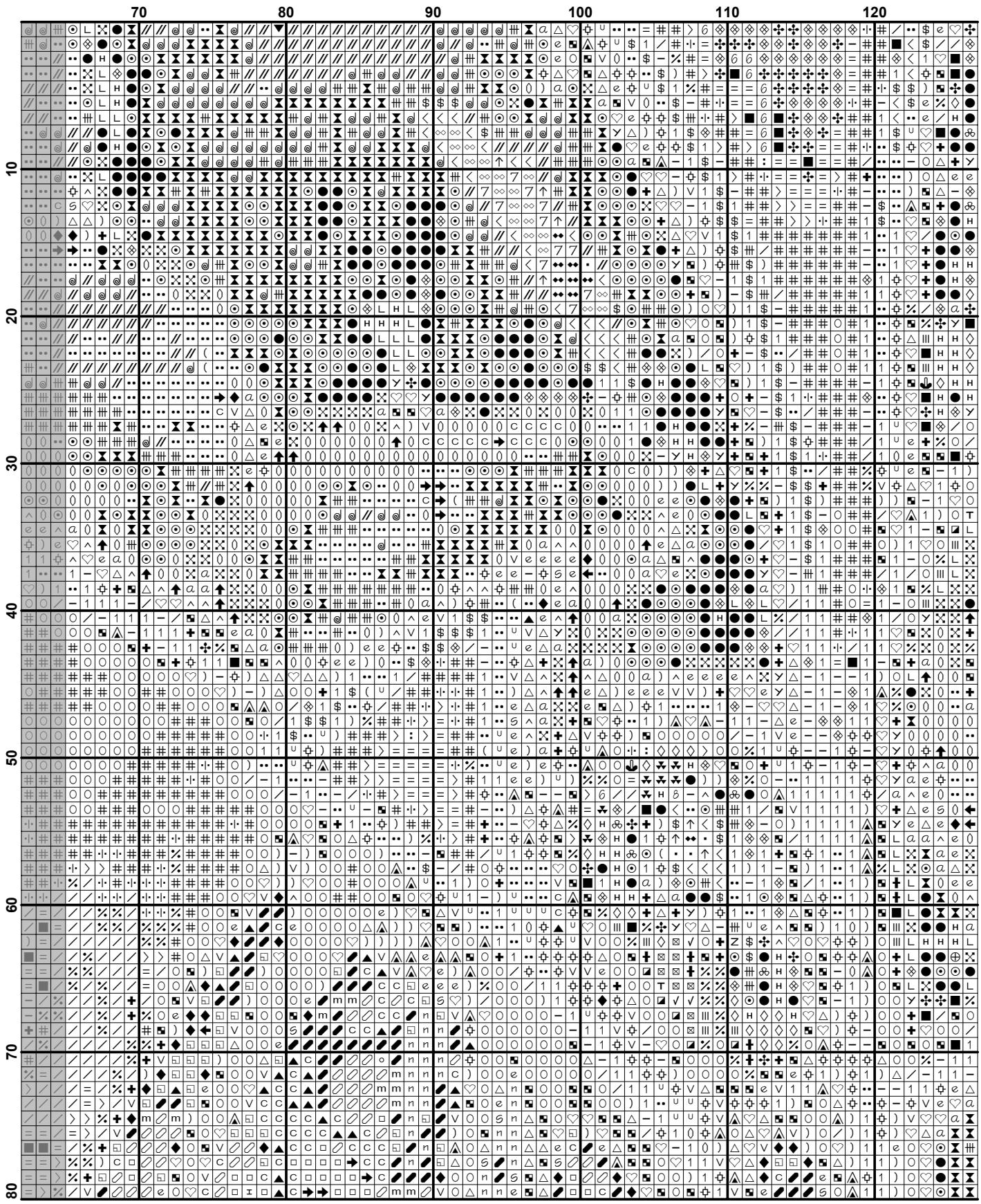
**Floss Used for Full Stitches:**

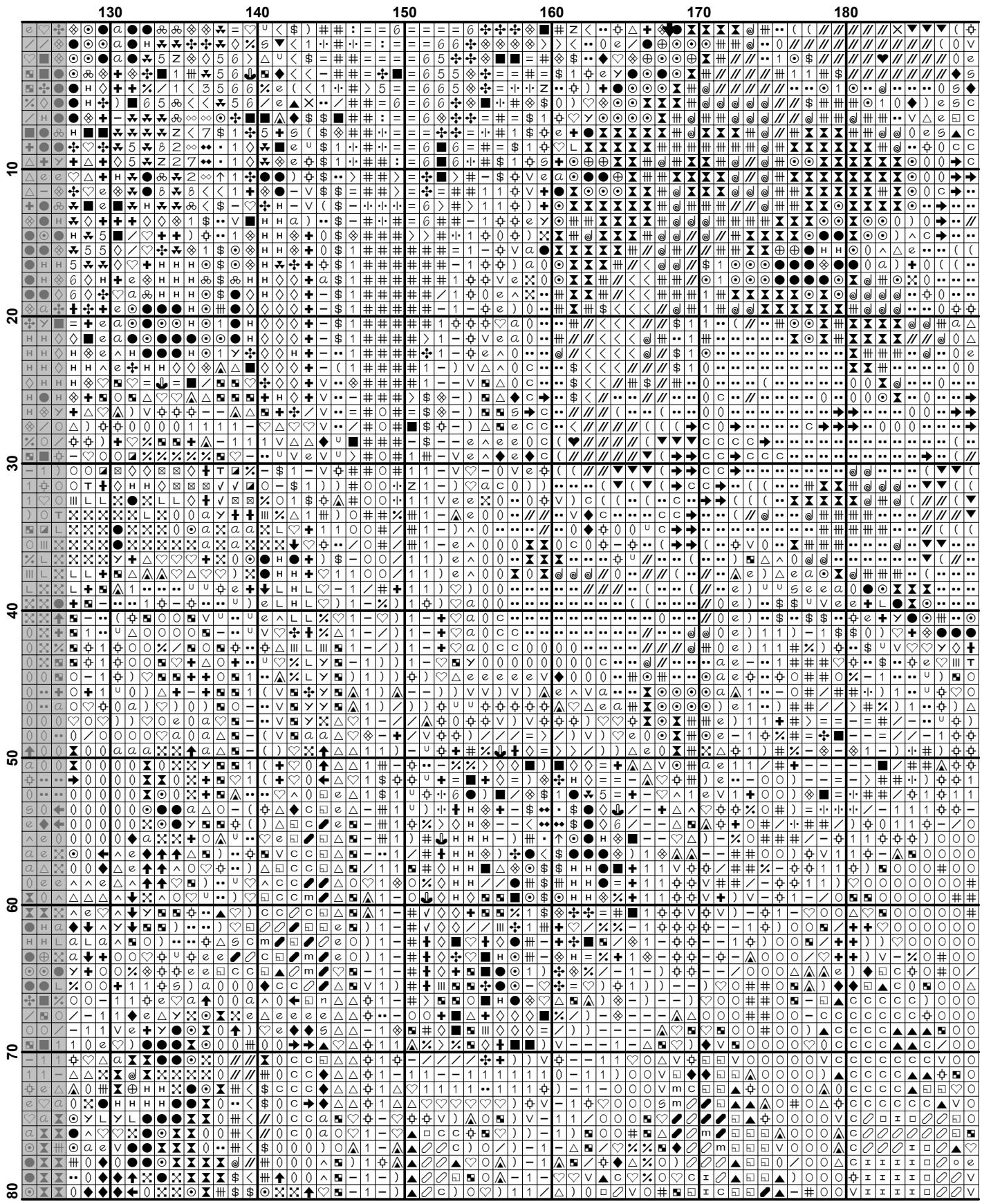
Symbol	Strands	Type	Number	Color
■ z	2	DMC	160	Gray Blue-MD
■ 1	2	DMC	169	Pewter-LT
■ 0	2	DMC	310	Black
■ :	2	DMC	311	Navy Blue-MD
■ x	2	DMC	320	Pistachio Green-MD
■ 8	2	DMC	334	Baby Blue-MD
■ y	2	DMC	367	Pistachio Green-DK
■ ♥	2	DMC	369	Pistachio Green-VY LT
■ □	2	DMC	371	Mustard
■ c	2	DMC	372	Mustard-LT
■ Ø	2	DMC	422	Hazelnut Brown-LT
■ s	2	DMC	434	Brown-LT
■ ^	2	DMC	469	Avocado Green
■ ←	2	DMC	471	Avocado Green-VY LT
■ %	2	DMC	500	Blue Green-VY DK
■ ■	2	DMC	501	Blue Green-DK
■ ♦	2	DMC	502	Blue Green
■ ◉	2	DMC	503	Blue Green-MD
■ +	2	DMC	520	Fern Green-DK
■ ..	2	DMC	524	Fern Green-VY LT
■ III	2	DMC	561	Jade-VY DK
■ L	2	DMC	562	Jade-MD
■ x	2	DMC	563	Jade-LT
■ @	2	DMC	564	Jade-VY LT
■ &	2	DMC	597	Turquoise
■ ▲	2	DMC	612	Drab Brown-LT
■ ▼	2	DMC	613	Drab Brown-VY LT
■ ☀	2	DMC	640	Beige Gray-VY DK
■ X	2	DMC	644	Beige Gray-MD
■ -	2	DMC	645	Beaver Gray-VY DK
■ •	2	DMC	677	Old Gold-VY LT
■ ↓	2	DMC	702	Kelly Green

Symbol	Strands	Type	Number	Color
■ m	2	DMC	729	Old Gold-MD
■ x	2	DMC	738	Tan-VY LT
■ □	2	DMC	739	Tan-UL VY LT
■ .	2	DMC	762	Pearl Gray-VY LT
■ 7	2	DMC	775	Baby Blue-VY LT
■ ▲	2	DMC	779	Cocoa-DK
■	2	DMC	783	Topaz-MD
■ 2	2	DMC	794	Cornflower Blue-LT
■ 3	2	DMC	799	Delft Blue-MD
■ 9	2	DMC	803	Baby Blue-UL VY DK
■ 4	2	DMC	820	Royal Blue-VY DK
■ *	2	DMC	822	Beige Gray-LT
■ .+	2	DMC	823	Navy Blue-DK
■ 6	2	DMC	824	Blue-VY DK
■ 5	2	DMC	825	Blue-DK
■ e	2	DMC	829	Golden Olive-VY DK
■ u	2	DMC	841	Beige Brown-LT
■ T	2	DMC	909	Emerald Green-VY DK
■ \$	2	DMC	927	Gray Green-LT
■ =	2	DMC	930	Antique Blue-DK
■ △	2	DMC	938	Coffee Brown-UL DK
■ #	2	DMC	939	Navy Blue-VY DK
■ ☒	2	DMC	943	Bright Green-MD
■ ≪	2	DMC	958	Sea Green-DK
■ ☰	2	DMC	959	Sea Green-MD
■ //	2	DMC	966	Baby Green-MD
■ ↑	2	DMC	988	Forest Green-MD
■ H	2	DMC	992	Aquamarine-MD
■ ⊕	2	DMC	993	Aquamarine-LT
■ ♦	2	DMC	3012	Khaki Green-MD
■ (	2	DMC	3023	Brown Gray-LT
■ ♥	2	DMC	3031	Mocha Brown-VY DK
■ +	2	DMC	3033	Mocha Brown-VY LT
■ □	2	DMC	3046	Yellow Beige-MD
■ o	2	DMC	3064	Desert Sand
■ ↑	2	DMC	3072	Beaver Gray-VY LT
■ →	2	DMC	3348	Yellow Green-LT
■ α	2	DMC	3363	Pine Green-MD
■ 0	2	DMC	3364	Pine Green
■ ■	2	DMC	3371	Black Brown
■ ∞	2	DMC	3747	Blue Violet-VY LT
■ >	2	DMC	3750	Antique Blue-VY DK

Symbol	Strands	Type	Number	Color
□	<	2	DMC 3752	Antique Blue-VY LT
□	♦♦	2	DMC 3756	Baby Blue-UL VY LT
■	▼▼	2	DMC 3760	Wedgewood-MD
■	)	2	DMC 3787	Brown Gray-DK
■	v	2	DMC 3790	Beige Gray-UL DK
■	/	2	DMC 3799	Pewter Gray-VY DK
■	↓	2	DMC 3808	Turquoise-UL VY DK
■	+ +	2	DMC 3814	Aquamarine
■	❖❖	2	DMC 3815	Celadon Green-DK
■	●●	2	DMC 3816	Celadon Green-MD
■	##	2	DMC 3817	Celadon Green-LT
■	▣	2	DMC 3818	Emerald Green-UL VY DK
■	■■	2	DMC 3828	Hazelnut Brown
■	n	2	DMC 3829	Old Gold-VY DK
■	✓	2	DMC 3847	Teal Green-DK
■	◊◊	2	DMC 3848	Teal Green-MD

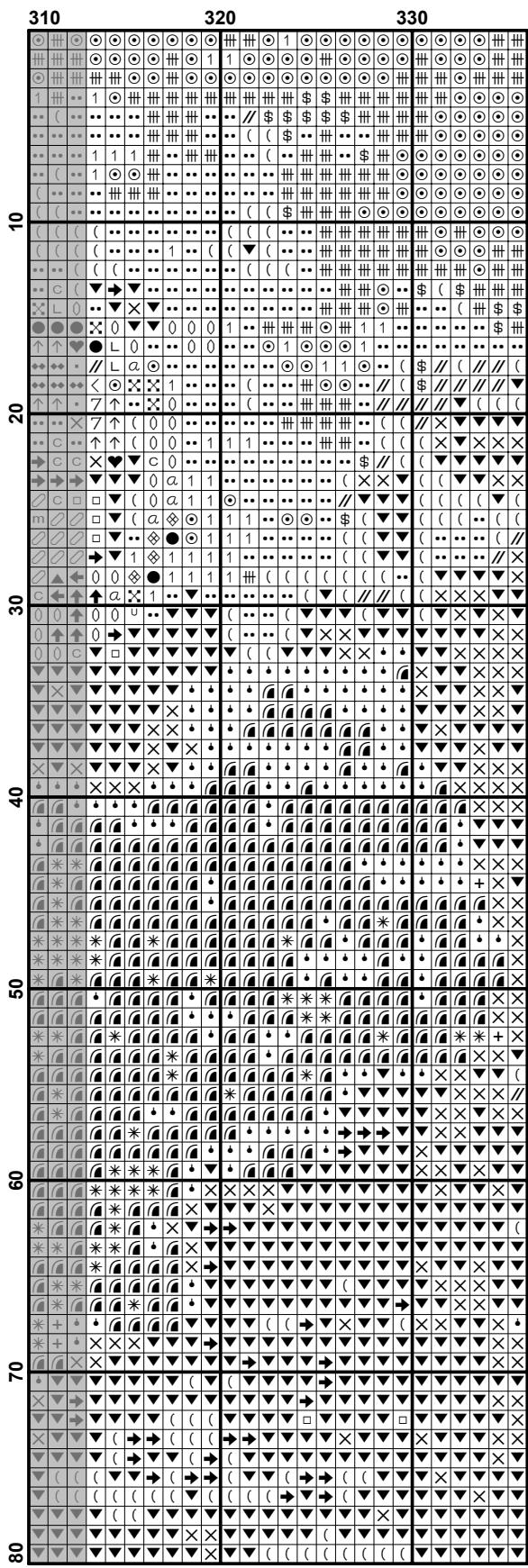


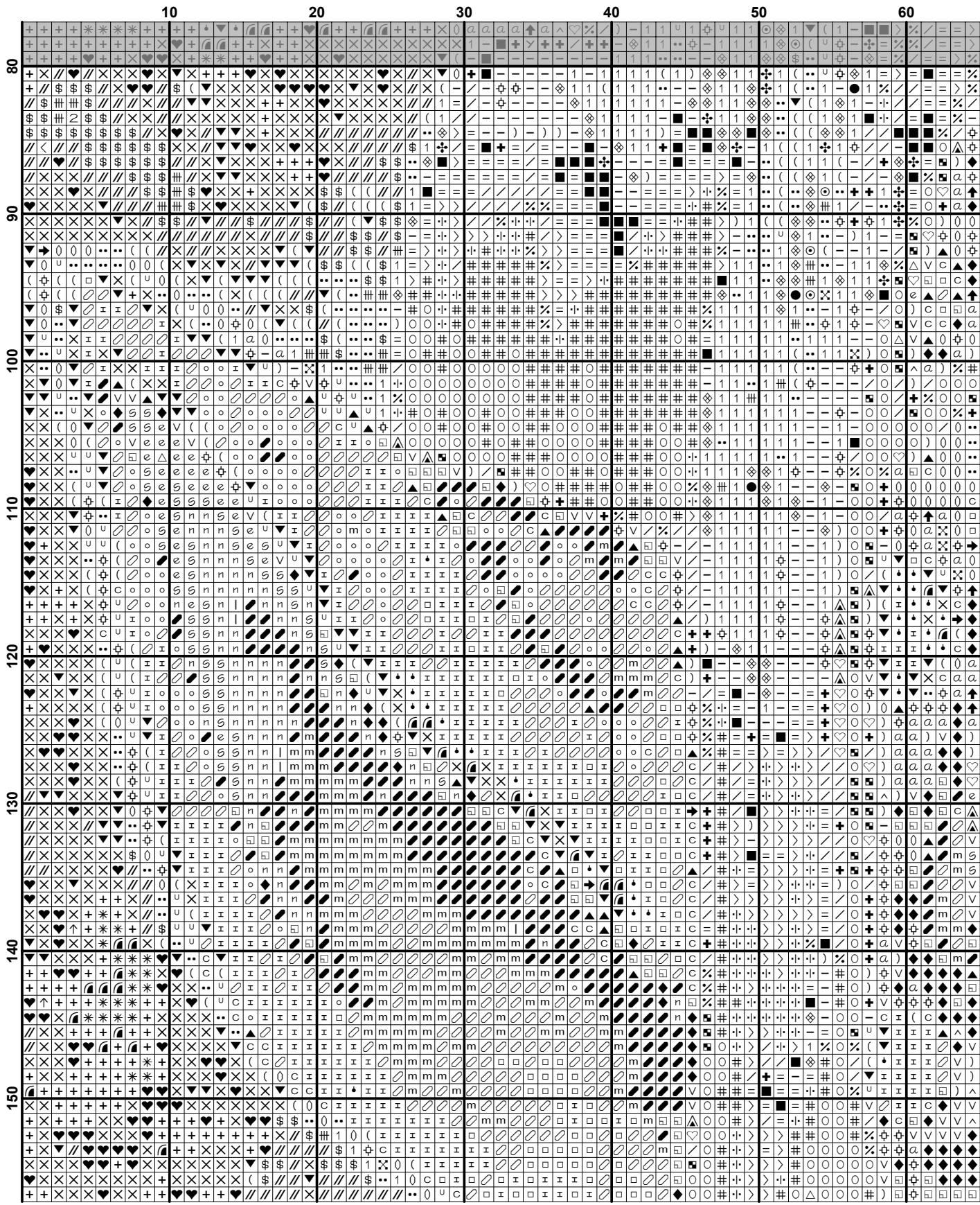


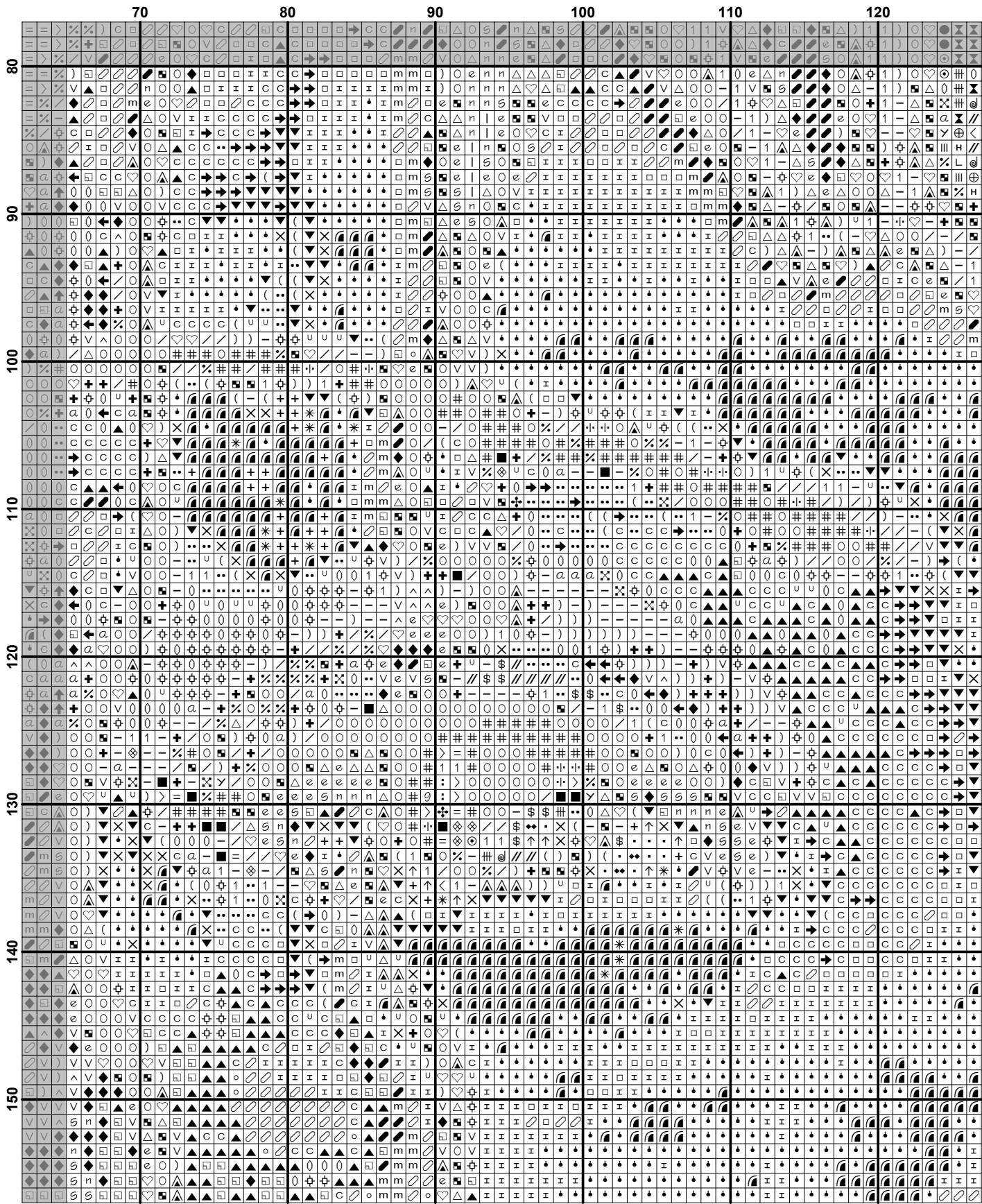


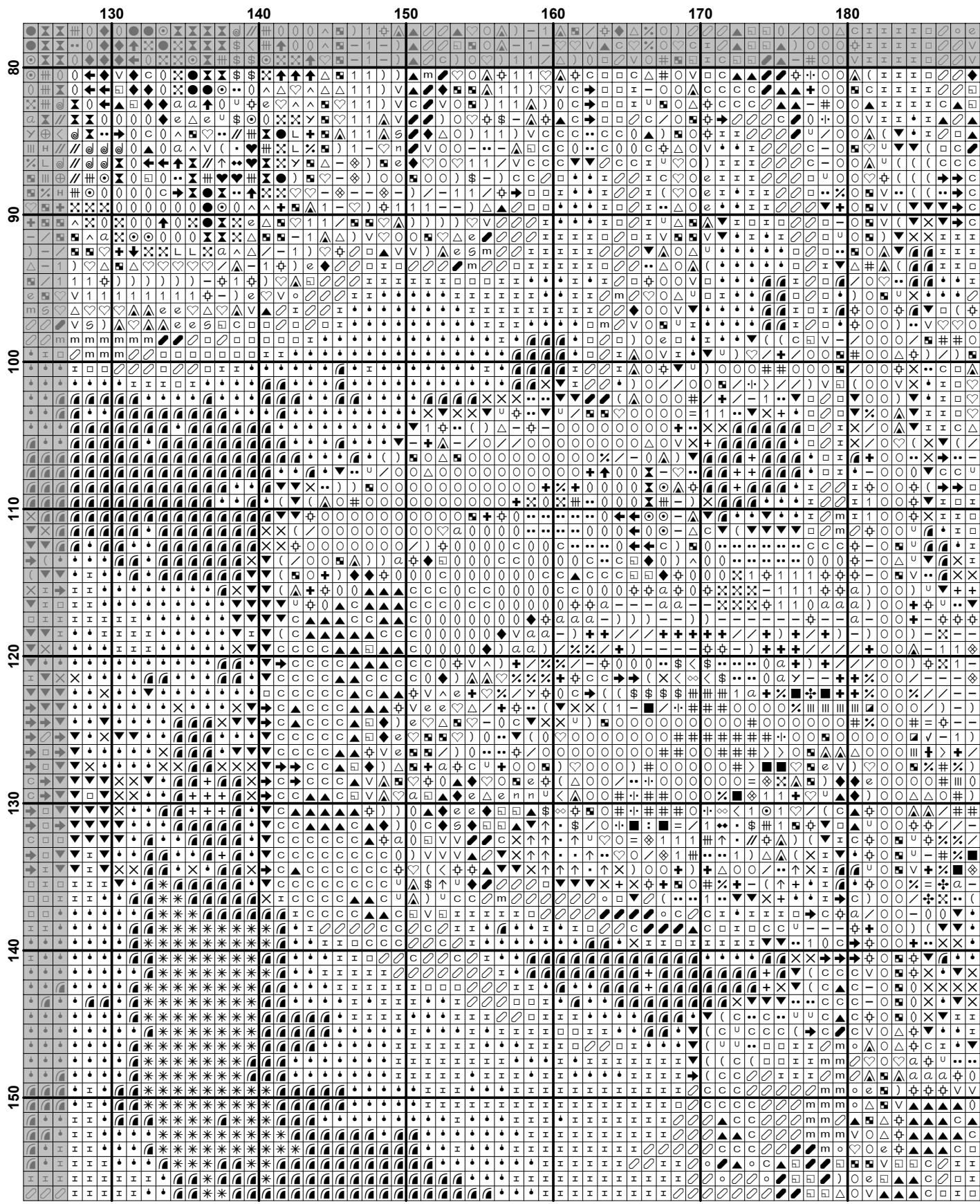


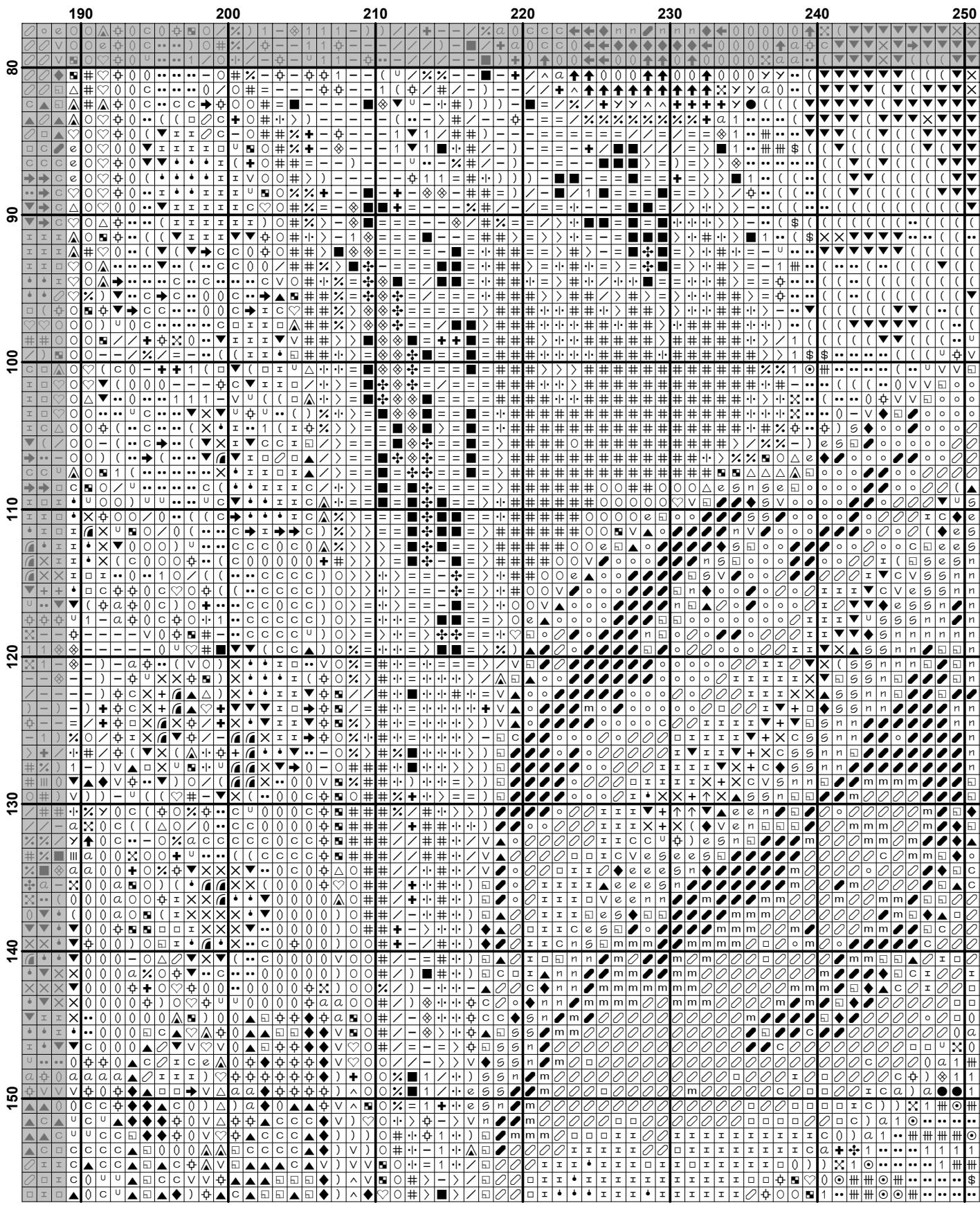




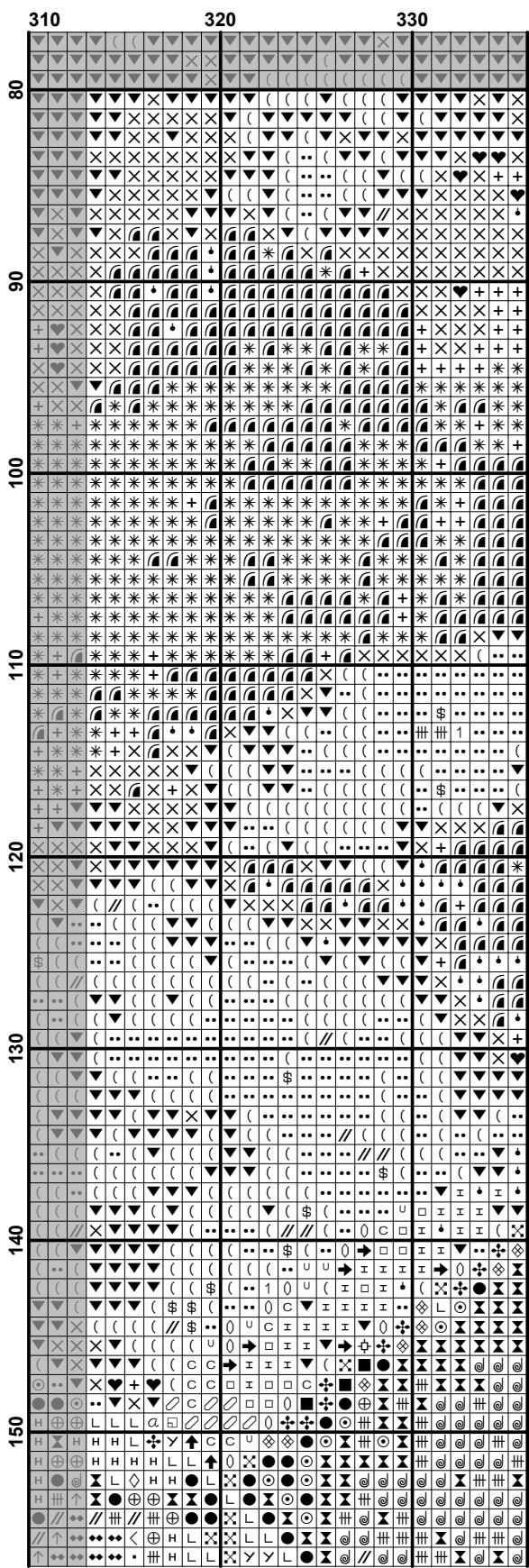


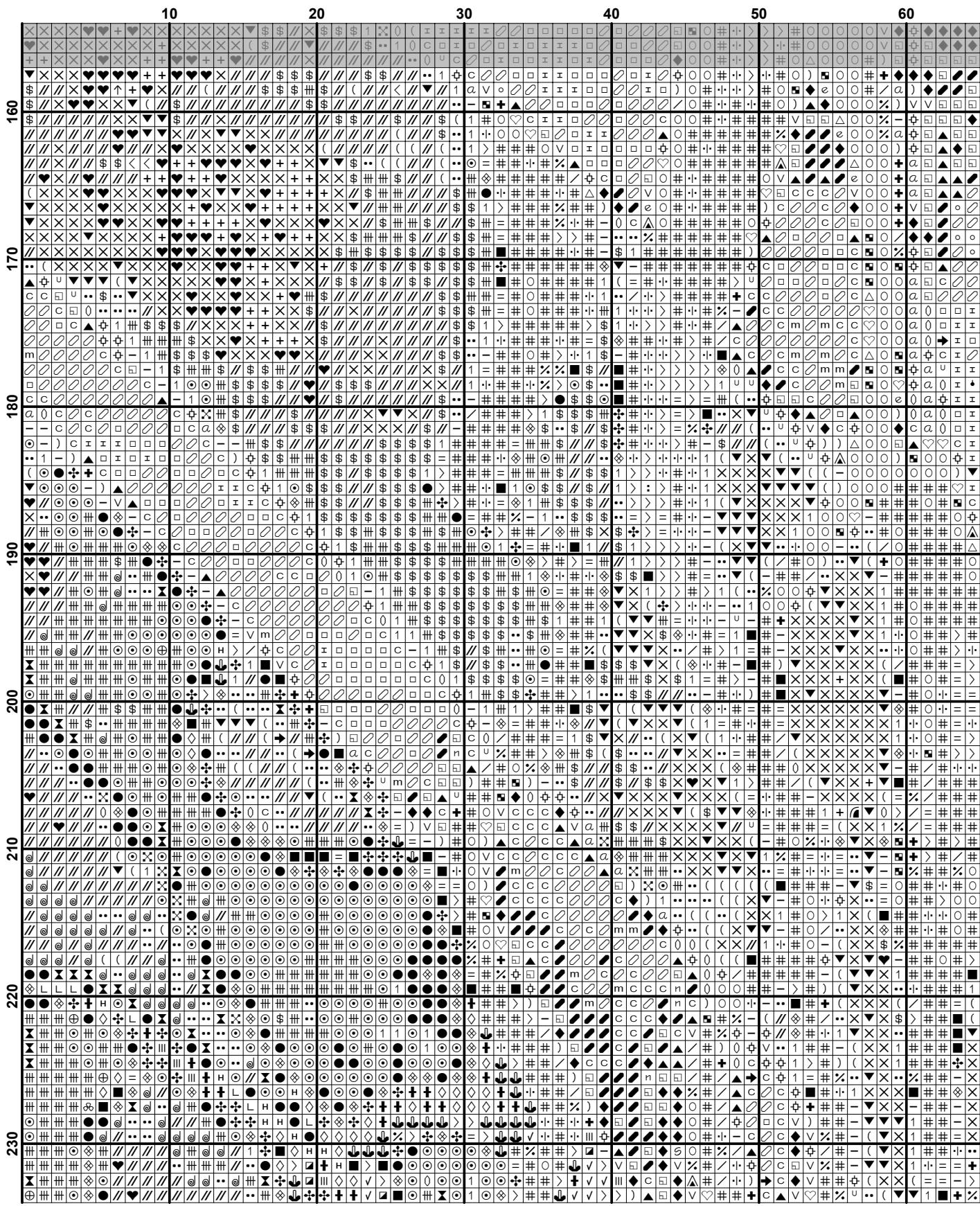


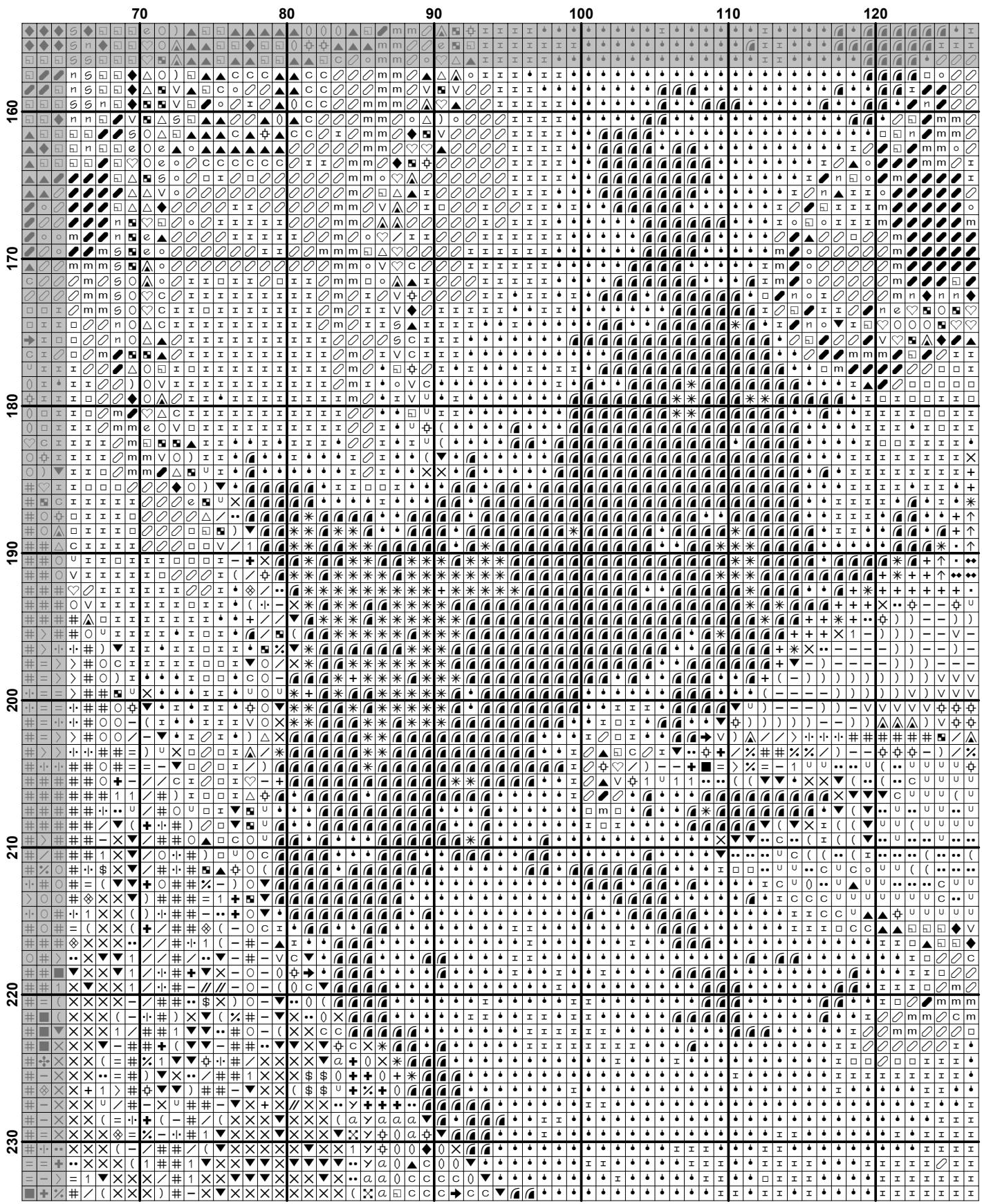




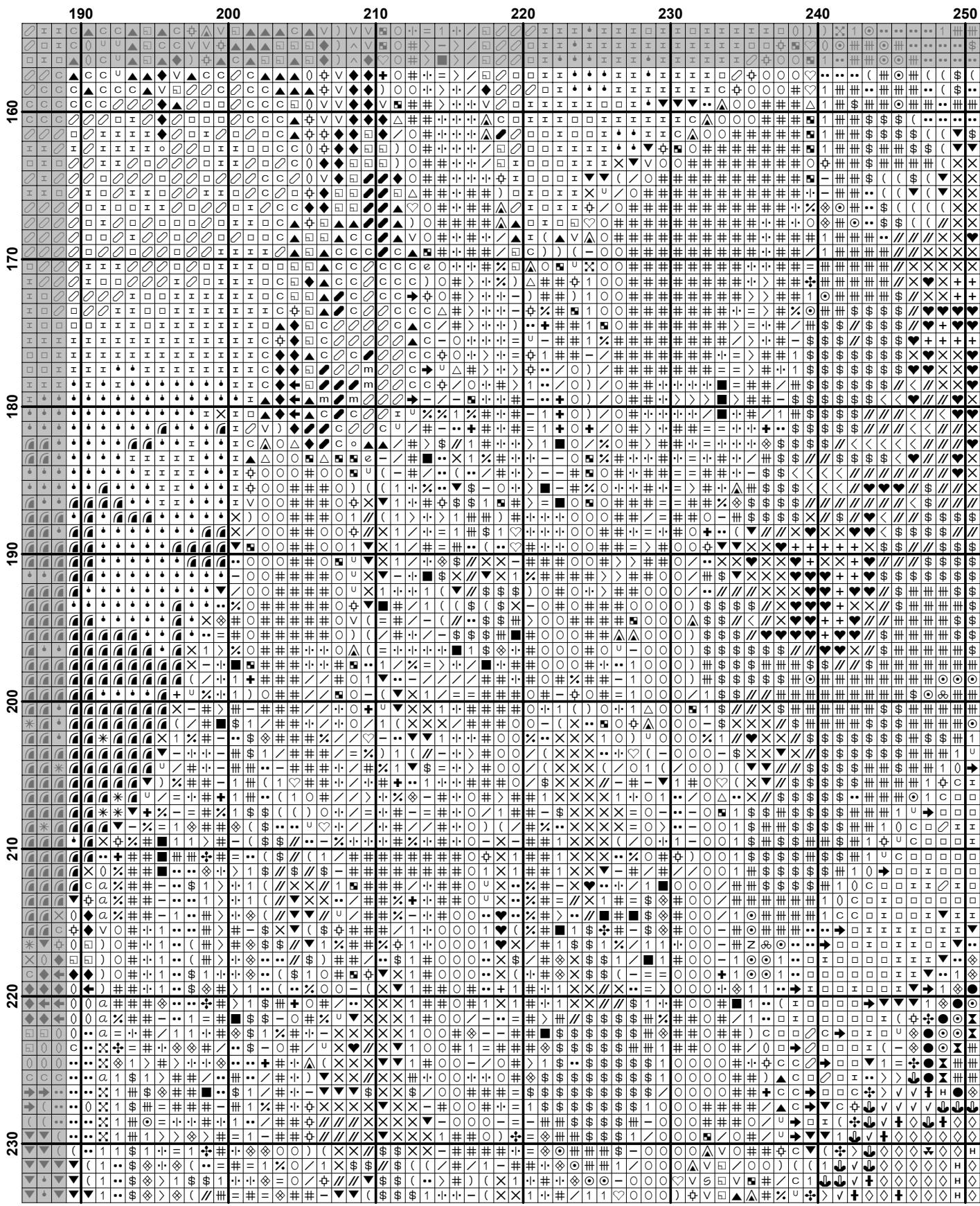




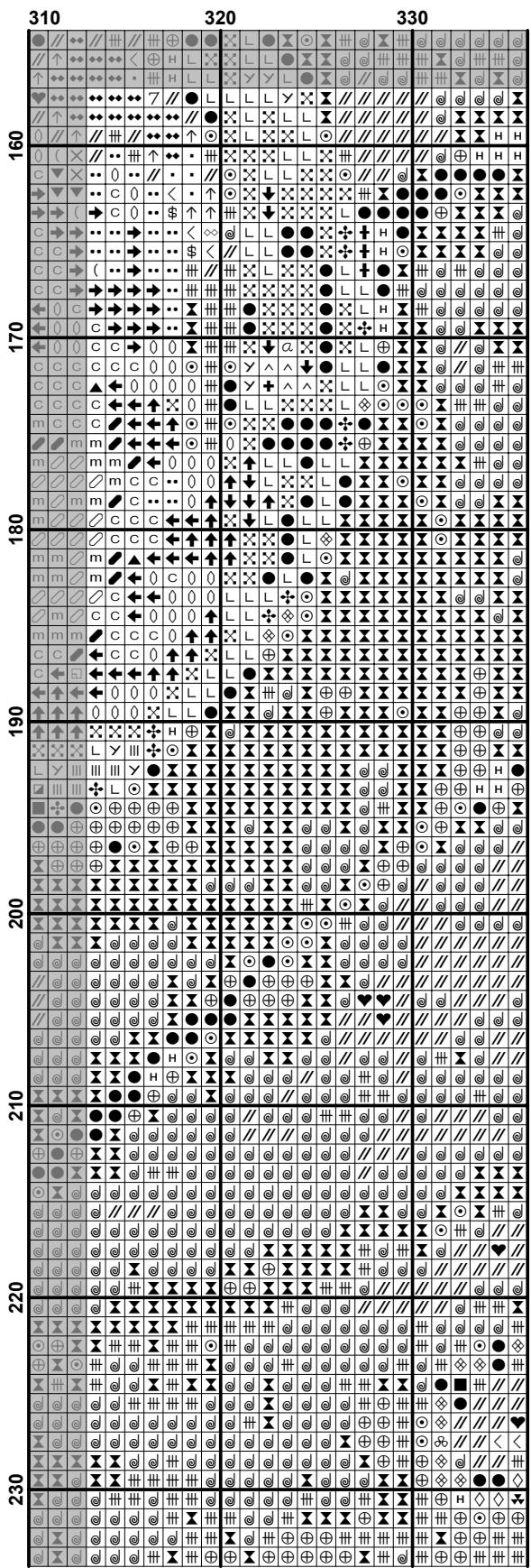


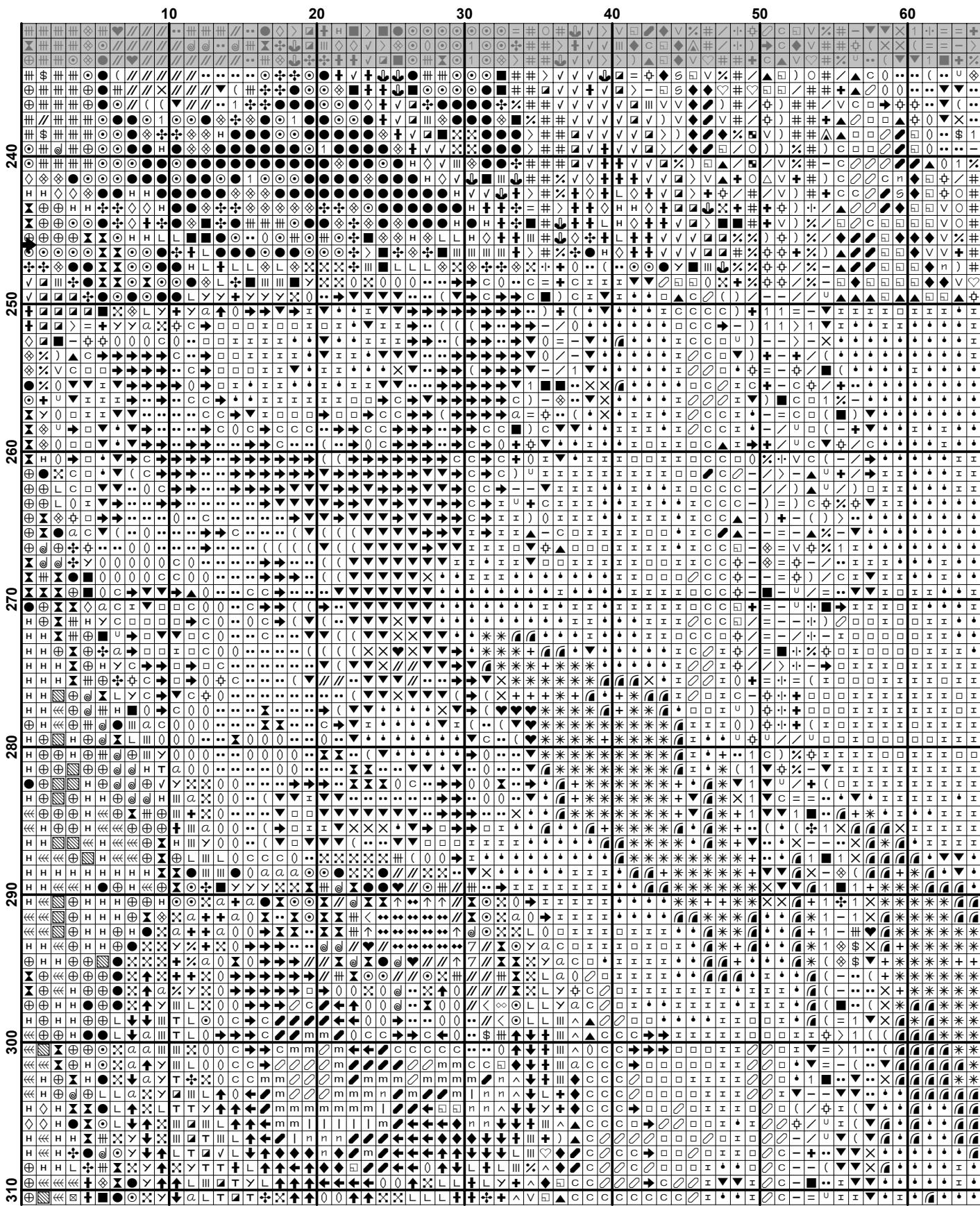


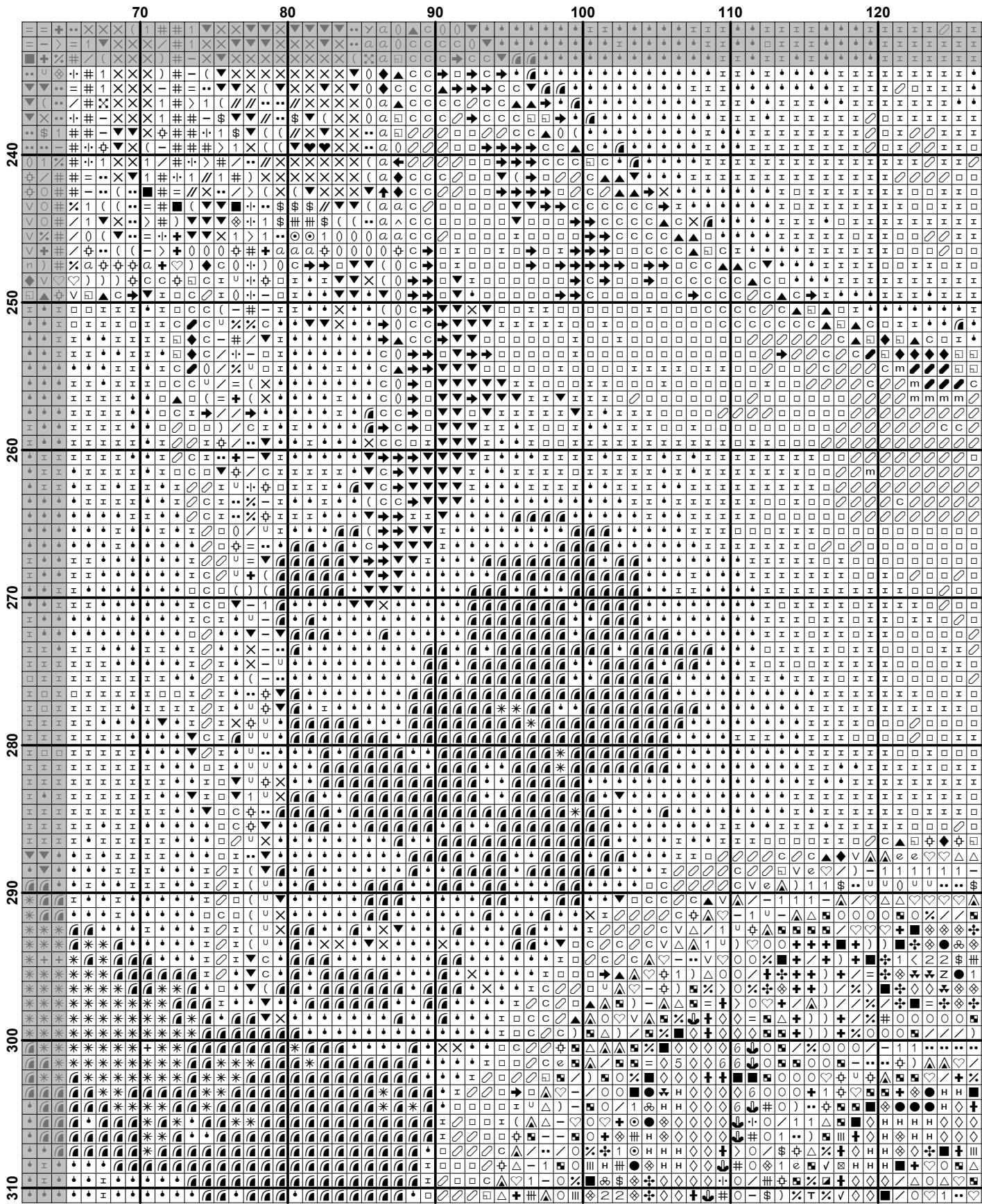




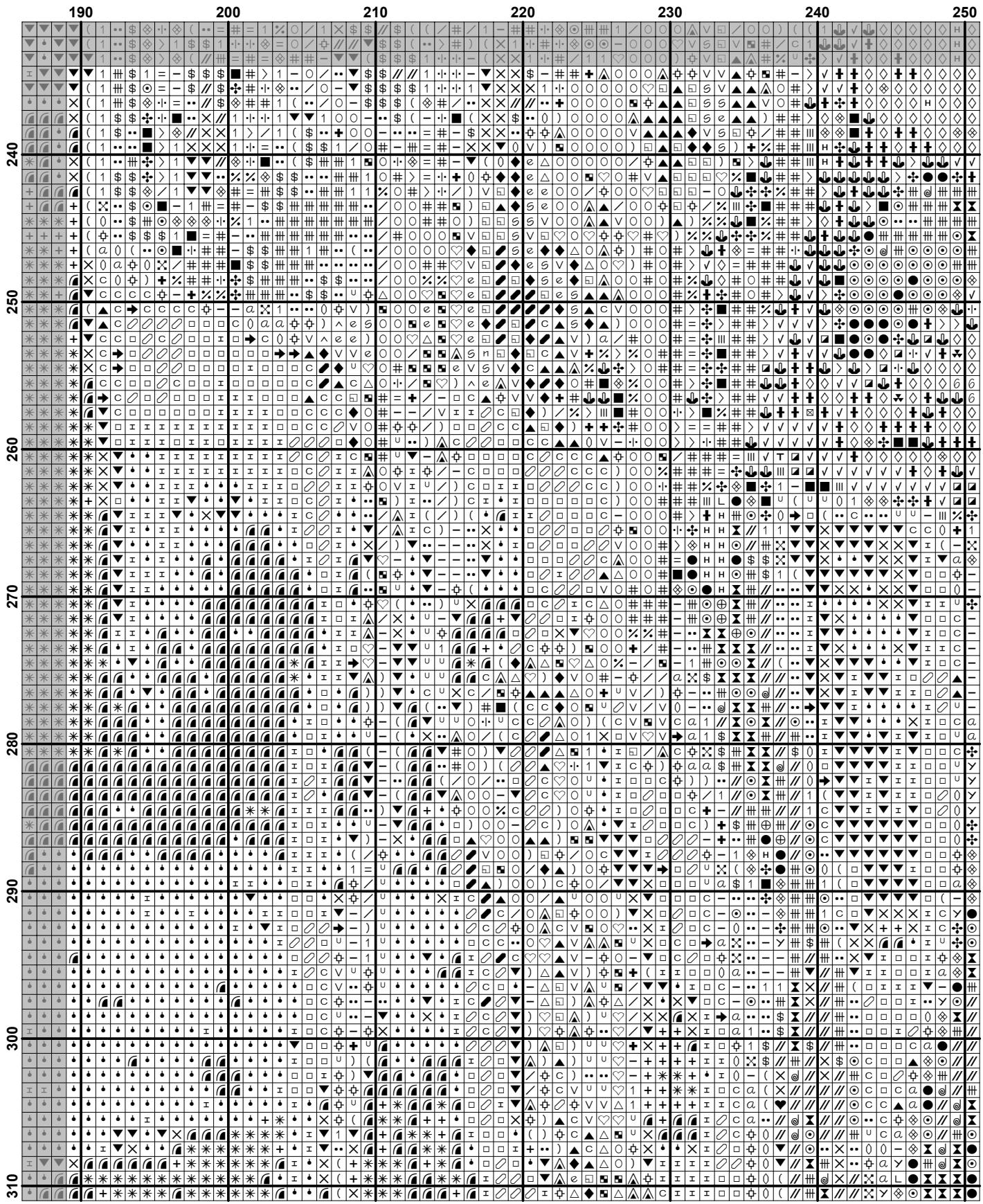




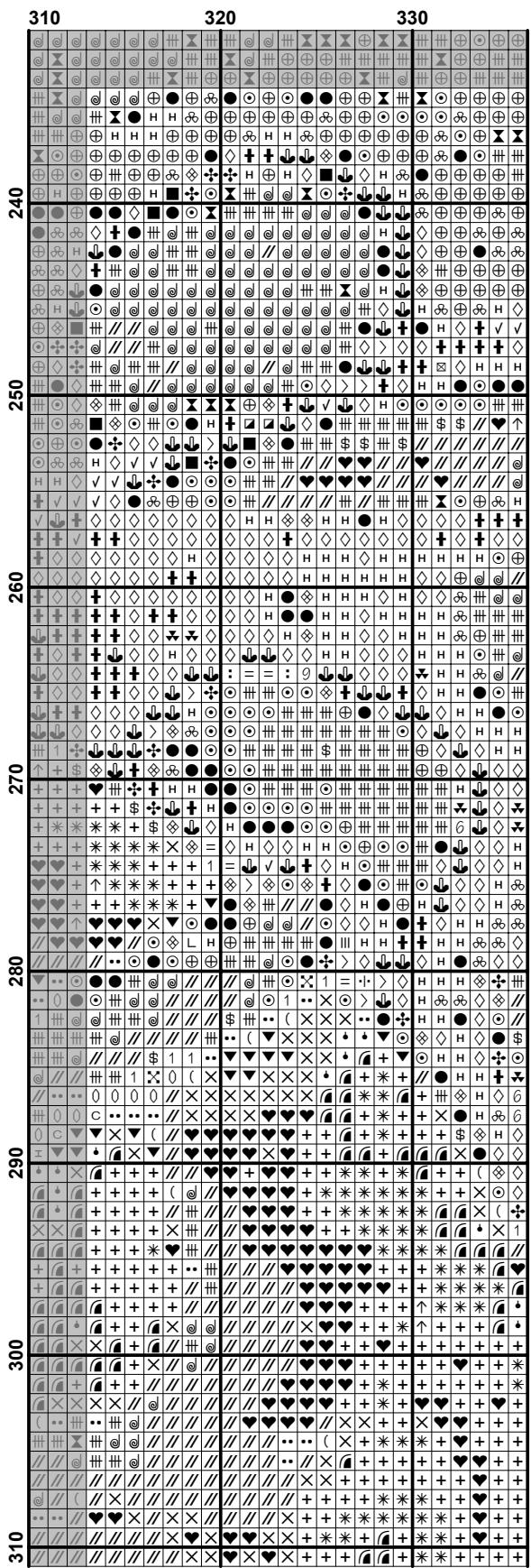












A large grid of binary patterns from 10 to 60. The grid is organized into columns labeled 10, 20, 30, 40, 50, and 60 at the top, and rows labeled 310, 320, 330, 340, 350, 360, 370, and 380 on the left. Each cell contains a unique binary pattern consisting of vertical strokes and horizontal bars.

	70	80	90	100	110	120
310	+	+	+	+	+	+
320	+	+	+	+	+	+
330	+	+	+	+	+	+
340	+	+	+	+	+	+
350	+	+	+	+	+	+
360	+	+	+	+	+	+
370	+	+	+	+	+	+
380	+	+	+	+	+	+

